



Around The Shores Newsletter

“April showers bring May flowers, and May flowers bring sneezes, allergies, and a lot of tissues”.



Joan and Mary Sue send greetings to everyone and are happy the ham Joan ordered from Wisconsin arrived.

~ submitted by Ginny I. (204)

New Electric Vehicle Chargers at MSC



Michigan Shores has two new Electric Vehicle Chargers. They were installed on April 24th, 2025 by Apple Energy, at no cost to the Cooperative, completed covered by a Consumers Energy Rebate. Thanks to Vink for expediting that project.

~ Shirley R. (office).

Attention
Members of Shorebirds
Proposed By-Law Change.

There was a request that we change the amount of members that represents a Quorum to proceed with meetings. This proposed language is for Article VII – Meetings: Section 4.

“A quorum shall consist of eighteen members.”

Change to:

“A quorum shall consist of 8 (eight) members.”

We will vote on this change at the next meeting 12 May 2025.

Respectively Submitted:

Douglas P. McFarlen.

2nd. Notice.



My recent family vacation to Myrtle Beach, South Carolina

We have all heard that Myrtle Beach is a favorite vacation and retirement destination along the Atlantic coast, and has been on our bucket list of places to visit.

Myrtle Beach is known for its wide sandy shores, vibrant boardwalk, and endless entertainment. From beachfront resorts and golf courses to seafood spots and live shows, it offers something for every traveler.

Our family group of 10 spent our 7 days strolling the piers, soaking up the sun, and exploring local shops and attractions, it was the perfect place for a fun, relaxing getaway.

The aquarium is hands-down, the best aquarium we have ever been to!

The men in our family did some surf fishing, and caught some blue fish, shark and whiting.

Temperatures averaged 75 degrees every day, with only one thunderstorm overnight.

Photo of myself with my five grandchildren, from left to right, Declan (7), Florence "Renn" (5), Everleigh (3), Eilah Mae (3) and Daniel 10.

We are anxiously waiting for our newest grandbaby, due anytime from now.

~ Shirley R. (Office)

Birthdays in May 2025

09 – Tom W. (210)

13 – Eric R. (317)

14 – Larry B (117)

14 – Doug Mc. (103)

22 - Dale D. (208)

27 – Dan R. (206)

Happy Birthday from all of us at MSC! If we missed your birthday, we are so sorry, please let the office know.

Special Dates & Events in May 2025

07 – Frankfort Students Serve Day

11 – Mother's Day

12 – City of Frankfort Spring clean up week, put stuff out at the road starting May 5th.

12 – Westshore Plumbing & Heating installing new boilers.

16 – Shred Day 1 p.m. – 3:00 p.m.
The Great Room.

20 – Window Cleaning starts,
expected to take three days.

26 – Memorial Day, no staff

29 – Benzie Senior Resources
Footcare Clinic in the Exercise
Room from 1 p.m. to 6 p.m.

Dan Remahl's daughters' impromptu art show.



Submitted by Ginny I. (204)

Book Club

The Michigan Shores Book Club
has chosen "Winterland" by Rae

Meadows for our discussion on
May 19th (3pm).

In the 1970's, Anya lives with her
father in a small town north of the
Arctic Circle in Russia. She
dreams of becoming a star
gymnast for her country. The book
follows her life with its struggles
and successes in the Soviet
gymnastic world. Similarities can
be drawn to our program in the
United States.

Come join us in the Gertie Bell
room on the third floor!

Books chosen for next month:
June - The Dictionary of Lost
Words by Pip
Meadows

July - no meeting

August - The Absolutely True
Diary of a Part Time Indian by
Sherman Alexis

September - Viola by Isabel
Allende

Carol E. (215)

Windows Attention: Awesome residents.

We love fresh air as much as the
next person, but it seems some of
our common space windows love
freedom a little too much.

See a window open after dark?
Close it like it's a cliffhanger in a

bad soap opera, or just gently, that works too. Let's keep rain, raccoons, and rogue breezes outside where they belong.

If it's a warm day, feel free to crack a window and let in some fresh air.

Thanks for being window warriors!

~ Shirley R. (office)

What's that beeping in the entry vestibule?

Our fire alarm reports signals to the control center via cellular network. If the cell tower drops a signal even for a second, our panel reports a trouble. This trouble is sent via text message to both Shirley and David, and within minutes, it is restored.

There is no need to call the staff about the beeping, they are aware of the notifications directly to their cell phones.

~ Shirley R. (Office)

Replacement AC Units Program

We still have one open spot for a member to participate in the Replacement AC Units Program at MSC. The members agree to pay for part of the replacement cost of

their AC unit. The Cooperative pays \$1,000 and the member pays the balance; this year it is a little over \$900.

The board approved a total of five replacements each year.

If you would like to snatch up that last open spot, please let me know by the end of April 2025.

~ Shirley R. (Office)



New 2025-2026 Board of Directors (In alphabetical order):

Dwyer, Dale
Lekovish, John
Litherland, Marty
McFarlen, Joan
Peregrine, Jay
Vinkemulder, John
Walton, Elaine

Thank you for your commitment.

~ Shirley R. (office)

TIM SCULLY @ WCJP, OUR SPONSORS, AND TEAM JAMMIN PRESENT...

JAMMIN MONDAYS ON BETSIE BAY

FREE Summer Concert Series

WORLD CLASS JAZZ, BLUES, POP, ROCK, R&B, FOLK, AND SOUL

WATERFRONT PARK AMPHITHEATER
ELBERTA, MICHIGAN 7-9:15pm RAIN or SHINE

RAINSITE: WATERFRONT PARK PICNIC PAVILION

Listen from your vehicle or boat on 99.3 FM

JUNE

- 16** RODNEY WHITAKER ENSEMBLE
World respected, chart topping bassist anchors this hard swinging combo.
- 23** PLANET 1 NONET
Nine piece, multiple national award winning "little big band," from Detroit.
- 30** SETH BERNARD QUARTET *featuring* Jordan Hamilton
Genre defying "old-soul" Great Lakes troubadour. "A contagious, heartfelt spirit with masterful chops."

JULY

- 07** SNACKS & FIVE
World touring high energy, reggae driven, rock and funky-blues party jams.
- 14** METRO SOUL BAND
Authentic motown, soul and funk favorites plus rock, pop and r&b classics.
- 21** SEARS N SEARS QUINTET
"The couple that swings together,"
Dive deep into the great American jazz songbook and engaging originals.
- 28** STEEPWATER BAND
Nationally touring, Chicago based rock and blues band.
Gritty, soulful, electrifying!

AUGUST

- 01** EAST BAY DRIVE
Smooth, cool contemporary jazz-infused with funk and deep soul.
- 11** DAVE KELLER BAND
Internationally touring, 3x BMA nominee, Soul/Blues/Rock. Blinding riffs...soaring vocals...straight from the heart.
- 18** GREG NAGY BAND
Top 10 international blues/r&b guitar vocalist. Soulfully performs favorites and his newest hits, destined to be classics.

- 25** JEFF HAAS, BIG FUN ELECTRIC BAND
Challenging forms, melody and genres, BFEB's vibe blends jazz, r&b, classical and Judaic on piano/bass/manjos/pedal steel/drums

SEPTEMBER

- 01** THE SCHLEPPINBOP KIDS.
Traditional grit with new-generation energy. Jazz, blues and deep-pocket funk. Dynamic, groovy, soulful.



KEEP US JAMMIN!
DONATE EASILY

SCAN ME !



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TEAM JAMMIN

MORE INFORMATION: LIKE & FOLLOW "JAMMIN MONDAYS"



Fifty Is Nifty



Turning fifty is nifty!
It's a good sounding number.
Many have passed it
and don't try to mask it!

Turning fifty is nifty!
Just think of many stepping stones
to reach fifty, each one telling a story
so nifty to make it to fifty!

Turning fifty is nifty!
To catch a falling margarita glass
and put it back on the bar.
Matt will shout! Fifty is nifty!

Turning fifty is nifty!
Cooper so blessed at the age of eight
with smart phone aside to capture the site.
His eye on the cake with candles burning bright.

Turning fifty is nifty!
And Kristie will agree with the number just given,
fifty is nifty with her business acumen.
It takes a team to reach a goal—fifty is nifty!
A proud father to shout, "Fifty is nifty!"

 Mr. Dennis Johnson
641 Michigan Ave. Apt. 307
Frankfort, MI 49635 

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Moving units within the Cooperative Policy adopted April 22nd, 2025

Internal transfers involve a member(s) changing their unit within the cooperative, rather than selling their ownership outright. This process involves transferring share ownership and occupancy agreements. It's often done to accommodate changing household needs or economic situations.

When a membership (unit) becomes available for sale, the members are offered first option to move within the cooperative. Members have 5 days to view the unit and submit their written intent to purchase (transfer units) within the 5 days. Any notices received after the deadline are null and void.

After 5 days, the manager will review the letters of interest, and offer the purchase to the member who has been at MSC the longest (most seniority, date of membership certificate).

Full payment, a subscription agreement & occupancy agreement is signed within 7 days, and a new ACH payment set up for the new unit.

20% Capital Fee – this is calculated on the sales price of the new membership, less any capital fee you may have already paid towards your existing unit. i.e. if you have already paid \$5,000 as a capital fee to your current unit, and the new unit is \$7,000; you pay the difference of \$2,000.

The members will temporarily own both units and be responsible for paying the monthly fee & utility bills for each until their original unit is sold.

Moving process:

1. Member(s) is given the option to purchase new membership/unit.
2. Member(s) sign paperwork and pay the share cost for the new unit, typically within 3 days of being notified of their option to purchase.

3. Member(s) temporarily owns both units and pays both monthly fees until the original unit sells.
4. The original unit is subject to the unit turnover policy and the steps to sell that unit/share are started when the unit is ready for sale.

Selling existing units:

5. Member signs notice of intent to vacate.
6. Unit is listed in-house for 5 days.
7. If no one in-house takes the unit, it goes to the wait list for 10 days.
8. Members will pay both monthly carrying fees until the original unit sells.
9. When the original unit/membership sells, the proceeds will be distributed, less closing costs, within 30 days of the sale of the membership.



Health questions?

Ask-A-Nurse
231-935-0951

Get expert health information from a registered nurse. When you have symptoms or you're just not sure. **A free service available 24 hours a day, every day.**



Meet Your Panelists



Stephanie Fitzgerald, DO
Munson Healthcare, Manistee / POMH
Obstetrics and Gynecology



Adrienne Jones, PT, DPT, SCS
Mary Free Bed at Munson Healthcare
Director of POMH Rehab Services
Pelvic floor / Sports rehab therapist



Elizabeth Moore, MD
Frankfort Medical Group
Specialized in women's health



Kierstin Sanch, PT, DPT
Mary Free Bed at Munson Healthcare
Pelvic floor therapist



Catherine Veaser, PT, WCS
Mary Free Bed at Munson Healthcare
Pelvic floor therapist, system lead

Hot Hormones & Cool Conversations

Empowering Women Through Wellness

We are delighted to invite you to a special evening dedicated to women's health! Enjoy fancy drinks and hors d'oeuvres while engaging with a panel of esteemed clinicians who will discuss important topics such as:

- Breast health
- Menopause
- Pelvic and abdominal rehabilitation
- Overall women's wellness

This is a wonderful opportunity to learn, share, and connect in a historical venue located in beautiful downtown Frankfort, MI.

When: **Thursday, May 1**

5 – 5:30 pm Social Time

5:30 – 6:00 pm Panelist Presentations

6 – 6:45 pm Screening of "The M Factor - Shredding the Silence of Menopause"

6:45 – 7:30 pm Panel Discussion

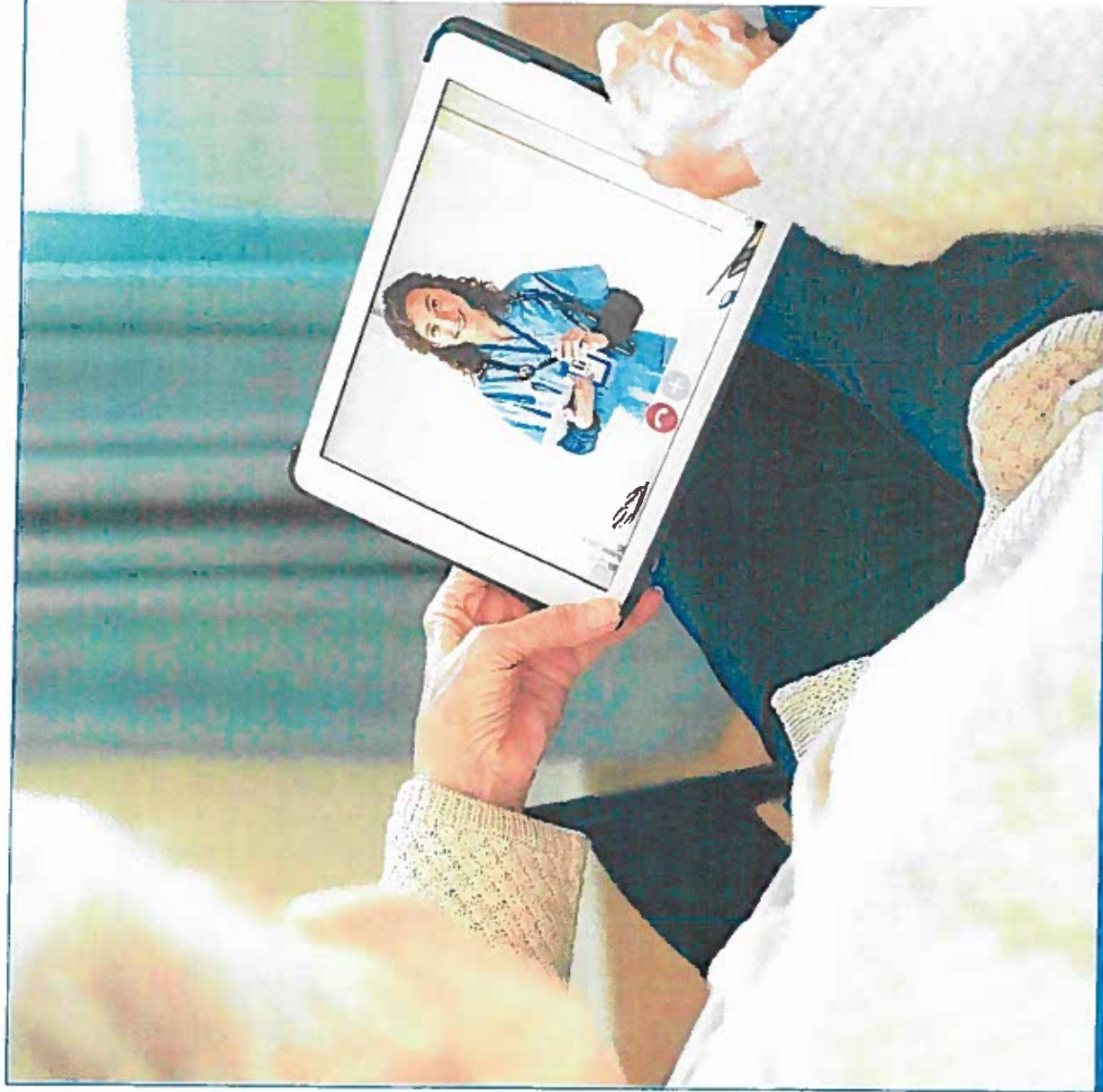
Where: The Garden Theater
301 Main St.
Frankfort, MI 49635

Cost: **Free!**

RSVP at munsonhealthcare.org/hotandcool or scan the QR code below to stay informed with the latest updates as the event approaches.



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Paul Oliver Memorial Hospital



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Quick and easy virtual care for urgent injuries and illnesses is just a click away. Munson Healthcare Virtual Urgent Care is available for ages 3 and up from anywhere in Michigan. No app or download required.

Visit munsonhealthcare.com/virtualurgentcare or scan the QR code below to reserve your spot. Virtual Urgent Care is available daily from 7 am to 7 pm. Have questions about Virtual Urgent Care? Contact Ask-A-Nurse for free at **231-935-0951**.



Make it Munson.

munsonhealthcare.com/virtualurgentcare

(259) 01/23

City of Frankfort - 2025 Spring Cleanup week
Monday, May 12th through 16th.

The City of Frankfort holds an annual spring clean-up in mid-May. Spring clean-up is an opportunity for residents to dispose of "bulk items" that are not generally included in garbage collection such as furniture, small appliances, boxes, etc. However, hazardous waste (paint, gas, chemicals, etc.), electronics (computers, stereos, etc.), building materials (wood, lumber, drywall, etc.) and landscape waste (trees, branches, logs, leaves, etc.) are not included in this program.

Please have your stuff at the top of our driveway by Sunday, May 11th, 2025.

Items can be placed by the dumpsters if too bulky to take to the driveway, and Dave can haul it to the roadside.

Let the office know if you need help moving something.



Posted April 14, 2025

2025 MAY

CALENDAR YEAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|---|---|--------------------------------------|--|-----------------------------------|---|
| | | Exercise at 1pm Tues & Thurs 2:00 bridge Tues | | Mahjongg 2pm third floor | | |
| | | | | 1 | 2 | 3 10AM Brunch 5:30 Kentucky Derby party BYOB |
| 4 | 5 | 6 | 7 Frankfort Students Serve Day | 8 | 9 | 10 |
| 11 Mothers' Day | 12 City Spring Clean- up week New Boiler install | 13 | 14 | 15 | 16 1-3 Shred Day Great Room | 17 6:00 Potluck |
| 18 | 19 3:00 Book Club | 20 Window cleaning begins(3 days) | 21 | 22 | 23 | 24 |
| 25 | 26 Memorial Day (no staff) | 27 9:30 Board Mtg | 28 | 29 1-6 Benzie Sr Footcare Clinic | 30 | 31 |

Birthdays: 09-Tom W(210);13-Eric R(317);14-Larry B(117);14-Doug M(103);22 Dale D(208);27-Dan R(206)

Coffee@ 9:00am In Great Room
Happy Hour 5-6pm in Great Room