

## **Starting a caring discussion about considering Independent Senior Living options with your loved ones...**

We understand that the decision to move from your family home into a senior housing facility can be a tough one, but a necessary step towards your well-being and happiness.

You may have noticed some obvious challenges with the current living arrangement, and the thought of a maintenance free lifestyle is starting to sound enticing and less complicated.

If you are considering senior living for yourself or a family member, we have put together some tips on making the choice a little more attractive.

1. Have a relaxing conversation with a spouse or loved one about the need for a living arrangement that does not entail so much work around the house and yard.
2. Invite them to tour some independent living facilities in the area. Call ahead and set up appointments. Ask for information to be mailed to you so you can review prior to the tour of the facility.
3. Do your homework on area attractions like hospitals, doctor offices, assisted living facilities (for future consideration), libraries, parks, grocery stores, social activities etc.
4. Involve them in the final decision-making process so they feel included in the transition.

Michigan Shores offers independent living for active, independent seniors, 55 years or older. If you are still capable of the activities of daily living, consider Michigan Shores as your next home.



Retirement is a beautiful thing, enjoy it. Let someone else mow the lawn and shovel the snow. You deserve it.

Schedule your appointment today at Michigan Shores Cooperative.  
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